

# Okanagan Boys & Girls Clubs

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Okanagan  
Boys and Girls Clubs

➤ The operation of the Webber Road Community Centre is a partnership between the District of West Kelowna and the Okanagan Boys and Girls Clubs.

The Okanagan Boys and Girls Clubs operate a variety of community recreational programs for people of all ages at the Webber Road Community Centre. If you have any program ideas for babies, children, teens, families, adults or seniors, we are looking for dedicated instructors. If you require space for your existing programs or are looking to rent space for your meeting or activity please contact **Cathy Warner, Centre Director at 250-768-3049.**

Our Mission is to provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life.

The Okanagan Boys and Girls Clubs has been a leading provider of programs to children, youth and families since 1959. Each year our programs and services support the healthy physical, educational, and social development of over 5,000 young people and families in over 30 Clubs and service locations throughout the Okanagan Valley.

We help young people grow healthy, happy, and safely from birth to adulthood, and are a resource and support for parents throughout their family's involvement with us. Visit us to find out why the Okanagan Boys and Girls Clubs is "a good place to be!"



## PROGRAM REGISTRATION

- Pre-registration and pre-payment is required for all fee programs and is needed to confirm your space
- Payment can be made in person, or by phone with cash, debit, MasterCard, Visa, or pre-authorized payment
- Sponsorship request forms are available from the Club Director
- Registration hours are Monday and Wednesday 9-5, Tuesday and Thursday 10-6, Friday 8-4 or by appointment
- Registration is ongoing until programs are full. Great programs get cancelled because participants register too late - please register early to avoid disappointment

## PROGRAM CANCELLATIONS AND REFUNDS

If a program is cancelled due to low enrolment or unforeseen circumstances, full refunds will be issued. If you need to cancel your registration, a full refund will be given with a doctor's note or if the space is filled by another child.

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## Okanagan Boys and Girls Clubs, A Good Place To Be!

### OUR MEMBERS ARE IMPORTANT!

We value our members and strive to promote a sense of belonging within our Clubs. A \$10\* membership is required at the time of registration and is valid for 12 months. This entitles members to register for all programs, attend drop-in programs, and participate in special events. Membership is valid at all Okanagan Boys and Girls Clubs locations.

\*No one is ever refused membership due to the inability to pay. Subsidies and payment plans are available. Talk to your Club Director for more information.

### COMMUNITY ADVISORY COMMITTEE

We believe that it is important to establish and maintain a formal connection with our communities, ensuring we reflect in service the needs and wants of our area. We are looking for community members who are interested in providing us with information and advice regarding programs, services and partnerships that we should pursue within the Webber Road Community Centre. If you are interested in being a voice for your community please contact **Cathy Warner, Centre Director at 250-768-3049.**

**FAMILY & COMMUNITY PROGRAMS**

**TODDLER TALK** (AGES 12MOS - PRE KINDERGARTEN & PARENT)

Join us for talks about toddlers on the first Tuesday of each month. Okanagan Boys & Girls Club staff along with occasional professional guest speakers will provide an educational workshop for parents and child minding for the children.

**Tu** **Sep 14, Oct 5, Nov 2, Dec 7**  
**9:30-11:30am** **FREE**

**FAMILY PLAY TIME**

(AGES BIRTH - 5YRS & PARENT)

Moms, Dads, Caregivers and children are invited to drop in for some social interaction with other parents and playtime for kids. A great way to meet new people and spend some quality time with your child(ren)! Activities are unstructured and may include a craft, gym time, circle time with stories and songs and best of all, many toys to play with. **No program on Oct. 11 and Dec. 24 & 27.**



**Webber Road Community Centre**

**M** **Sep 13-Dec 20** **11:00am-12:30pm** **FREE**  
**F** **Sep 10-Dec 17** **11:00am-12:30pm** **FREE**

JOIN US AT OUR NEW LOCATION!

**Lakeview Heights Community Hall - Anders Road**

**W** **Sep 15-Dec 15** **11:00am-12:30pm** **FREE**

**FAMILY SPAGHETTI DINNER NIGHT** (ALL AGES)

Come on down and enjoy dinner with your family. Spaghetti, salad, garlic bread, juice, tea and coffee are enjoyed on this delicious night of family fun. **Please pre-register by calling 250-768-3049.**

**Tu** **Oct 5** **6-7:30pm** **\$5/family**

**FAMILY PUMPKIN CARVING** (PARENTS & CHILDREN TO AGE 12)

Join us for a howling good time! Let us provide the tools for you and your child to get creative and carve an exciting Jack-O-Lantern. Pumpkins will be provided. **\*Pre registration is required.**



**W** **Oct 27** **6:15-7:45pm** **\$5/family**

**WINTER FAMILY FUN NIGHT** (PARENTS AND CHILDREN)

Boys & Girls Club members will be presenting Christmas songs, live airband and dance performances for all to enjoy! Crafts and refreshments will be provided. Free for families, however food bank donations will be gladly accepted.

**Th** **Dec 2** **6:30pm** **FREE**

**To advertise call Terry Varga 250-862-3804**

**BOYS & GIRLS CLUB**

**250-768-3049**



**TALK IT OUT** (PARENTS OF TODDLERS)

Take some time for yourself & join in on parenting sessions offered Tuesday evening. Topics will focus on strategies to successfully communicate with your preschooler, deal with difficult behaviours and tips on how to gain your child's cooperation, followed by a parent discussion. Child minding is available upon request, dads welcome.

Topics include:

**Tu** **Oct 12** What kind of child do I have?  
Your child's temperament  
**Tu** **Oct 19** Temper tantrums and handling aggression  
**Tu** **Nov 9** Attachment and separation  
**Tu** **Nov 16** Getting back to the basics - It doesn't have to be a fight  
**6:45-8:15pm** **\$7/per sess**

## FAMILY & COMMUNITY PROGRAMS

### BIRTHDAY PARTIES

Let us plan the birthday party for you! We will provide the set up, clean up and a hot dog, juice and chips for the partygoers. Parents provide the guests, cake and goodie bags. There will be lots of fun games & activities central to the theme including time to play in our gym. We have one staff party leader present, & we ask for a minimum of one parent helper. **Two weeks advance booking required.**

Themes:

**HOCKEY PARTY** - have a blast playing floor hockey in our gym.

**FAIRY TALE PARTY** - come dressed as a prince or princess.

**GYM GAMES PARTY** - play games in the gym with friends!

**Sat. 2 hrs \$90**

\*Maximum 12 children

\*If you wish to invite more than 12 children to your party there will be an additional \$20 charge and a second parent helper for a maximum of 20 children. Ask staff about additional party add - ons we can provide including goodie bags, party hats, noise makers & coffee/tea for parents.

## EARLY CHILDHOOD PROGRAMS (AGES 0-5)

\* Pre registration is required.

\* For Family Playtime and Toddler Talk please see page 66.

### PAINTED TOAST CHILDREN'S SERIES (AGES 2-5 & PARENT)

Creating snack has never been more fun! Join us for an hour of snack preparation, cooking and making food into decorative shapes... it's cooking with design!

**Th Oct 14 & 21 9:30-10:30am \$5/member**



### HALLOWEEN PARTY (AGES 2-5 & PARENT)

Dress up for Halloween fun. Come enjoy games, make spooky things for your house and enjoy some spooky snacks.

**Th Oct 28 10:30am-12pm \$6/member**

## EARLY CHILDHOOD PROGRAMS (AGES 0-5)

### HANDS ON NATURE

#### CHILDREN'S SERIES (AGES 2-5 & PARENT)

Children love to create, and are naturally drawn to nature, so join us for activities such as pine cone creations, winter bird feeders and colourful autumn leaf pictures. Let your child's imagination shine!

**Th Nov 4&18 9:30-10:30am \$5/member**

### CHRISTMAS FUN (AGES 2-5 & PARENT)

Join us for a morning of Christmas fun. Find the holiday spirit with songs, games and Christmas goodies.

**Tu Dec 14 10:30-11:30am \$2/member**

## CHILDCARE

### WESTSIDE DAYCARE (AGES 3-5)

Discover, make friends and learn through play. Our Club offers art, music, circle-time, gym play, group activities and outside fun. A caring team of qualified Early Childhood Educators provide a safe, supportive place where every child is listened to, treated with respect and valued in an environment of inclusion and acceptance. We participate in the Healthy Opportunity Program for Preschoolers which promotes health related fitness and movement skills. To encourage a positive attitude towards early literacy we offer families a book lending program. For more information call **Peggy at 250-768-4498.**

**M-F 7:30am-5:30pm**

Monthly Fee Schedule:

**\$644.00**

**\$559.50**

**\$465.50**

**\$335.50**

**five days per week per month**

**four days per week per month**

**three days per week per month**

**two days per week per month**



## PRESCHOOLS

**Chief Tomat Preschool** (AGES 3-5) **250-768-2850**  
3365 East Boundary Rd.

**Helen Gorman Preschool** (AGES 3-5) **250-768-1230**  
3230 Salmon Rd.

**Peachland Preschool** (AGES 3-5) **250-768-3049**  
5486 Clements Crescent

The Okanagan Boys and Girls Clubs in partnership with School District # 23 offers Preschool Programs during the school year. The preschools provide children with a program where they will be encouraged to explore, learn, and grow in a stimulating and fun environment. Preschoolers will develop and practice social and language skills, cooperative play, independent thinking and an awareness of self. Classes for 3 year olds are available on T & Th. Classes for 4 year olds are available M, W & F. Tuition sponsorships are available please contact **Debbie** at **250-768-3049**.

3 year old classes \$110/month (2 classes per week)  
4 year old classes \$160/month (3 classes per week).



### WANT TO MAKE A DIFFERENCE?

If you have a special talent or simply want to make a difference in a child's life contact the Okanagan Boys and Girls Clubs to Volunteer. We need: **Floor Hockey Coaches, Children's Mentors and Special Needs Assistants.** Contact **Patricia** if you would like to volunteer **250-768-3049**.

## MIDDLE CHILDHOOD PROGRAMS

**AFTER SCHOOL CLUB** (GRADES K-6) **250-768-3049**  
**Webber Road Community Centre**

2829 Inverness Road, West Kelowna **250-768-3049**

**Hudson Road Elementary School** **250-768-3049**  
1221 Hudson Road, West Kelowna

**Peachland Elementary School** **250-768-3049**  
5486 Clements Crescent, Peachland

Join us for fun - filled, action packed programs & activities before and after school. Participate in sports, leisure, creative arts, personal growth & life skill activities. We offer transportation to & from a variety of schools, a nutritious breakfast & snack, out trips and a variety of recreational activities. Programs are available on professional days & during school breaks. **\*Pre registration is required. The Club will be closed Oct. 11 & Nov. 11.**

<b>Breakfast Program</b>	<b>7-8:30am</b>	<b>\$4.65/day</b>
<b>After School</b>	<b>2:30-6pm</b>	<b>\$13.15/day</b>
<b>Before &amp; After School</b>		<b>\$16.75/day</b>
<b>Early Dismissal</b>		<b>\$21.90/day</b>
<b>Full Day</b>	<b>7am-6pm</b>	<b>\$31.15/day</b>

## DISTRICT WIDE PRO DAYS

**UNDERWATER ADVENTURE** (GRADES K-6)  
Come along for a ride in our submarine and learn about the deep seas in this action packed day. We will make oceans in bottles and a fun snack along with many exciting games. Outtrip to be announced. **\*Pre-registration is required.**

<b>F</b>	<b>Sep 24</b>	<b>7am-6pm</b>	<b>\$31.15/full day</b>
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**ROCK STAR** (GRADES K-6)  
Join us for an exciting day! Come dressed as your favourite rock star. We will be creating funky hairstyles, banners and will jam out to some rocking tunes. Outtrip to be announced. **\*Pre-registration is required.**



<b>F</b>	<b>Oct 22</b>	<b>7am-6pm</b>	<b>\$31.15/full day</b>
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BOYS & GIRLS CLUB  
250-768-3049

## RECREATIONAL PROGRAMS

### DROP-IN PROGRAMS (AGES 6-12)

Drop-in programs are times when members may visit the Club and take part in a variety of activities for FREE. Crafts, games, free time and outside play are only some of the fun things happening during this program. Check out our monthly Drop-In Calendar to see the exciting activities that are taking place each day.

**W-F** Sep 15-Dec 17 6-8:45pm **FREE/members**  
**Sa** Sep 18-Dec 11 12-3:45pm **FREE/members**



### JUNIOR FLOOR HOCKEY (AGES 8-12)

Register early for this favourite! Emphasis will be on sportsmanship, skill development, games and potential tournaments. If you or someone you know would be interested in becoming a volunteer coach for a great group of budding athletes, contact Gray at **250-768-3049**.

**Tu** Sep 14-Dec 14 6:15-7:15pm **\$20/season**  
**\$2 drop in, if space is available**

### BEGINNER KIDS GUITAR (AGES 8-11)

Come join Gray in this beginner kids guitar class! Have fun with friends while learning basic strums and chords. We will work towards the goal of learning a favourite song. **Please bring your own guitar.** Class is limited to 10 people.

**W** Sep 15-Nov 3 5-6pm **\$32/8 sess**

### PAJAMA MOVIE NIGHT (AGES 6-12)

Come on down to the club and enjoy a movie, popcorn and juice with your friends, and remember to bring your pajamas and pillow!

**F** Sep 24 6-8:45pm **FREE for members**  
**F** Oct 22 6-8:45pm  
**F** Nov 19 6-8:45pm  
**F** Dec 10 6-8:45pm

### HOME SCHOOL PHYSICAL EDUCATION (AGES 6-12)

Join us for this physical education program offered for home schooled families. Cooperative games help children build confidence, self esteem and are a positive way to promote physical wellness. Our skills coach Darryl will help youth ages 6-12 with the basics of gym games, racquet skills, field sports and more, while parents and children ages birth to five enjoy activities and time to socialize with other parents. **Please wear appropriate footwear for indoor or outdoor activities. Pre-registration is required.**

**Th** Sep 30-Nov 4 12:30-1:30pm **\$48/6 sess**

### TORCH CLUB (AGES 10-13)

This Boys and Girls Clubs of Canada Program offers an excellent opportunity for pre-teens to participate in a focused, small group experience that will not only help them develop their leadership skills, but empower them to use their talent and ability to make positive changes in their Boys and Girls Club, their community and in their own lives. **\*Pre-registration required.**

**Th** Sep 30 4-5pm **FREE/members**  
**Oct 21** 4-5pm  
**Nov 25** 4-5pm  
**Dec 16** 4-5pm

### POPSICLE STICK CREATIONS (AGES 6-12)

Get creative with a glue gun and build everything from a house to a tower or picture frame!

**W** Nov 10 6-8:45pm **FREE for members**

### HOME ALONE AND PREPARED (AGES 9+)

This program provides children with the opportunity to learn skills to help them be safe and prepared when they are home alone. Topics include first aid, handling emergencies, phone and door answering skills, helping with household responsibilities, activity planning and much more.

**Th** Dec 2-16 6-8pm **\$20/3 sess**

### TWINKLE TOUR AND TREAT (AGES 6-12)

Enjoy the beautiful festive Christmas lights, and then warm up with a tasty treat at the club. This trip fills up quickly so be sure to **pre-register early!**

**W** Dec 15 6-8:30pm **FREE for members**

To advertise call Terry Varga 250-862-3804

## WINTER BREAK PROGRAMS

\*For more detailed information check out the Winter 2011 Leisure Guide. Pre-registration is required.

### WINTER BREAK DAYCAMPS (GRADES K-6)

**WINTER OLYMPICS** - Participate in the Webber Road Winter Olympics and test your skills in many indoor and outdoor activities! Snowshoe races, snow golf, and an ice sculpture contest are just a few of our Olympic 'sports'.

**M-F Dec 20-24 7am-6pm \$31.15/full day**

**SURVIVOR** - Have you always wanted to learn about the great outdoors? Well this is the camp for you! During the week learn how to build a shelter, identify different animal tracks and tie knots. We will design our very own bandanas and participate in team obstacle courses.



**T-F Dec 28-31 7am-6pm \$31.15/full day**

### WINTER BREAK DROP-IN (GRADES K-6)

Are you looking to get out of the house? Does your mom need extra shopping time? Come visit the Club during Winter Break. Calendar of activities will be available in November.

**M Dec 20&27 1-3:45pm FREE/members**

**F Dec 24 1-3:45pm**

### WINTER BREAK MINI TRIPS (AGES 6-12)

Contact the Club for a Calendar of Events in November or watch for the Winter 2010 Leisure Guide.

### CAMP ARROWFLIGHT

(AGES 7-17)

Campers wanted! Enjoy the Okanagan's newest residential camp for children and youth and have a true Boys & Girls Club camp experience. Campers will have the opportunity to learn about the environment, the importance of being part of a team and about themselves through programming based on recreation, adventure and experiential learning. Camps include special activities including rock climbing, bmx biking, archery, geocaching, mountain boarding and more. Call **1-888-772-7751** or email [camps@boysandgirlsclubs.ca](mailto:camps@boysandgirlsclubs.ca) for more information.



## YOUTH PROGRAMS (AGES 11-16)

### TEEN DROP-IN (AGES 11-16)

Hang out with your friends at the Club. Take part in a variety of programs as well as pool tournaments, X-Box, foosball, & cooking nights. Pick up an activities calendar at the Club. **No Drop-In Oct. 5.**

**Tu Sep 14-Dec 14 6-8:45pm FREE/members**

### YOUTH COUNCIL (AGES 13-16)

Join our Youth Council! We will gather on the last Tuesday of every month to discuss interests, youth council goals, special events, community projects & more. This is a casual & progressive council, so feel free to be creative! Council members gain friendships, leadership & teamwork skills, & take part in community projects. Participation in the Youth Council is a great addition to your resume!

**Tu Sep 28 6:30-8:30pm Free/Members**

**Oct 26 6:30-8:30pm**

**Nov 30 6:30-8:30pm**

### TEEN BEGINNER GUITAR GROUP (AGES 13+)

Wanting to learn the guitar? This relaxed, supportive & non-judgmental environment is open to any teen who is interested in guitar basics. You will learn chords, strumming patterns & songs in a fun way. No experience necessary! **Please bring your own guitar.**

**Th Sep 16-Nov 4 6-7pm \$32/8 sess**

### GLENROSA NIGHTS ALIVE (YOUTH GRADES 6-10)

Enjoy a variety of activities including open gym, video games, arts, movies, basketball, floor hockey and more. This is a great opportunity to spend your Friday night in the company of good friends in a fun, easygoing environment.

**F Sep 17-Dec 17 7:30-10pm \$2/night/member**



BOYS & GIRLS CLUB

250-768-3049

## ADULT AND SENIOR PROGRAMS

### INTRODUCTION TO HATHA YOGA (AGES 18+)

Enjoy a balanced workout with Dariel Vogel. This class includes Yoga stretches, increased breath awareness and relaxation techniques. Please wear comfortable clothing & bring a large beach towel or yoga mat. \*Please note that the December 7th class is a community introductory class for all interested beginners. Payment is by food donation. All proceeds go to the West Kelowna Food Bank.

**Tu Sep 14-Dec 7 5:30-7pm \$84/12 sess**

### INTRO TO MEDITATION

(AGES 18+, MINIMUM THREE YEARS YOGA EXPERIENCE)

This class is offered to individuals with a minimum of three years yoga experience and follows directly after Dariel Vogel's Hatha Yoga instruction. Students will be guided through this hour-and-a-half instruction which includes aspects of mantra.

**Tu Sep 14-Nov 30 7:15-8:45pm \$84/12 sess**

### INTERMEDIATE GUITAR GROUP (AGES 18+)

This group is for those people with previous experience and who are interested in learning and playing songs with other guitarists. The focus will be on developing strumming patterns, muscle memory, picking and playing with capos. This is a casual group & the whole point is to have fun and get a chance to play with others.

**W Sep 15-Nov 3 6:30-7:30pm \$24/8 sess**

### ADULT BEGINNER GUITAR GROUP (AGES 18+)

Still wishing to learn the guitar? Come on down and join this supportive and relaxed class of beginner guitarists. You will learn basic chords & strumming patterns, with the goal being to change smoothly between at least three major chords.

**Please bring your own guitar.**

**Th Sep 16-Nov 4 7:15-8:15pm \$32/8 sess**



For information on additional adult programs being offered at the Webber Road Community Centre, please refer to the District of West Kelowna section of the Leisure Guide.

Enjoy a variety of activities including Open Gym, Video Games, Movies, Basketball, Floor Hockey. This program will run until Dec, with many special events including Theme Nights, Eating Contests, Fear Factor, Events and Tournaments.



**Friday Nights 7:30 - 10pm**

# GLENROSA NIGHTS ALIVE

**@ Webber Road Community Centre  
2829 Inverness Road, West Kelowna**

This program is a result of the cooperative efforts of the Okanagan Boys and Girls Clubs, The District of West Kelowna, School District #23, and the Glenrosa Nights Alive Volunteer Committee.

**CALL 250-768-3049 FOR MORE INFO!**

**Youth grades  
6-10**

**Fall  
PROGRAM DATES  
Sept. 17 - Dec. 17**

